



Arizona
DENTAL HYGIENISTS'
ASSOCIATION



#back2the80'swithAzDHA



2025 IMPACT CONFERENCE

August 15-17, 2025 • Scottsdale, Arizona
Omni Scottsdale Resort & Spa at Montelucia

ATTENDEES BROCHURE

2025 SPEAKERS



Satish S. Kumar
DMD, MDSc, MS



Antonia Teruel
DMD, MS, PhD



Susan Wingrove
BS, RDH



Caitlin Parsons
RDH



Tiffany Wuebben
RDH



JoAnne Jones
RDH



Nancy Miller
RDH



Jeanette Lalli
RDH, FADHA

COURSE TOPICS

Satish S. Kumar, DMD, MDSc, MS
"Peri-Implant Diseases and Implant Maintenance"

Antonia Teruel, DMD, MS, PhD
"The Daily Grind - Insights into Bruxism"

Susan S. Wingrove BS, RDH
"Prevention is KEY! Implant Maintenance, Home-Care & Disease Treatment"

Caitlin Parsons, RDH
"The Aligned Practitioner: Ergonomic Excellence in Dentistry"

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"The Aligned Practitioner: Ergonomic Excellence in Dentistry"

Tiffany Wuebben, RDH
"Hygiene Mastery: Soaring to Success with the Power of Hygiene"

JoAnne Jones, RDH
"WNL: Within Normal Limit or a Dangerous Assumption?"

Nancy Miller, RDH
"POWER OFF BIOFILM!"

Jeanette Lalli, RDH, FADHA
"Build Your Value: The Co-Discovery Process Through Patient Education Resources"

VENUE



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Back
to the
80's

2025 IMPACT CONFERENCE

WELCOME LETTER

Hello Fellow Hygienists,

Get ready to rewind to the raddest decade! Registration for the Arizona Dental Hygiene Association's annual conference is now open! This year, we're turning back the clock and bringing the ultimate 80's experience to the Omni Resort in sunny Scottsdale!

We've lined up gnarly expert speakers, epic fundraising activities, and totally tubular networking opportunities. Plus, we're cranking up the fun with 80's-themed after-hours events; think neon, leg warmers, and big hair!

Don't miss out! Register now to score our early bird pricing by heading to <https://azdha.org/impact-conference/>.

Stay in the loop by following us on social media for rad updates and event details. We can't wait to rock out with our fellow dental pros and make this year's conference a totally unforgettable blast from the past!

See you there, dudes and dudettes!



Davy Evans
President of the AzDHA
Arizona Dental Hygiene Association



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SPEAKERS



Satish S. Kumar, DMD, MDSc, MS

"Peri-Implant Diseases and Implant Maintenance"

Course Description:

This lecture will describe the clinical rationale for long-term regular implant maintenance for peri-implant health and function. It will discuss various etiology, biological and prosthetic risk factors, prevention and management of peri-implant diseases. Clinical guidelines supported by evidence for supportive periodontal and peri-implant therapy including professional in-office maintenance and patient at-home maintenance will be discussed with clinical examples.

Learning Objectives:

- Describe clinical rationale for long-term regular implant maintenance for peri-implant health.
- Define peri-implant health and peri-implant diseases.
- Explore various etiology, biological and prosthetic risk factors for peri-implant diseases.
- Discuss prevention and management of peri-implant diseases.
- Outline supportive peri-implant maintenance protocols including professional in-office maintenance and patient at-home maintenance

Biography:

Dr. Satish Kumar currently serves as a tenured Professor and Director (Chair) of Periodontics at the Arizona School of Dentistry and Oral Health (ASDOH), A. T. Still University (ATSU) in Mesa, Arizona. As a full-time faculty member, Dr. Kumar spends most of his time providing surgical care at ASDOH. When he is not treating patients, he is supervising students, lecturing, pursuing research, overseeing clinical operations and administration. Dr. Kumar is a board-certified specialist and is a Diplomate of the American Board of Periodontology, the American Board of Oral Medicine, and the American Board of Orofacial Pain.



Antonia Teruel, DMD, MS, PhD

"The Daily Grind - Insights into Bruxism"

Course Description:

Bruxism, a condition marked by the involuntary grinding or clenching of teeth, can lead to dental wear, orofacial discomfort, and temporomandibular joint (TMJ) disorders. This one-hour continuing education session provides a comprehensive, research-based examination of bruxism, covering its causes, contributing factors, and physiological mechanisms. Participants will gain knowledge of diagnostic tools and treatment options, including behavioral interventions, dental appliances, and pharmacological approaches. Special focus will be placed on distinguishing between sleep and awake bruxism, understanding their effects on oral and overall health, and implementing effective management strategies to enhance patient care.

Learning Objectives:

- Describe the key characteristics, prevalence, and contributing factors of sleep and awake bruxism.
- Explore recent research on the underlying causes, neurobiological mechanisms, and risk factors associated with bruxism.
- Review clinical assessment methods and discuss the evidence-based strategies for managing bruxism, including oral appliances, behavioral therapies, and medications.

Biography:

Dr. Teruel is passionate about helping her patients and takes great pride in being able to help patients with chronic orofacial pain, temporomandibular joint disorders, neuropathic pain and neuralgias, sleep apnea, among others. Dr. Teruel is a Diplomate of the American Board of Orofacial Pain. Dr. Teruel has vast experience in patient care and teaching since 2008 and has taught in major universities. Dr. Teruel maintains a full-time private practice at the Head Pain Institute, in Scottsdale, Arizona. Dr. Teruel is a member of American Academy of Orofacial Pain. Dr. Teruel is fluent in English, Spanish, and Portuguese.



Susan S. Wingrove BS, RDH

"Prevention is KEY! Implant Maintenance, Home-Care & Disease Treatment"

Course Description:

Learn what hygienists need to know to prevent peri-implant complications based on Susan's textbook: Peri-Implant Therapy for the Dental Hygienist: 2nd Edition. This course will provide clinicians the procedures to detect early signs of peri-implant disease, diagnose any implant complications, and be able to provide treatment. Peri-Implant prevention starts with providing professional in-office assessment, maintenance, and personalize home-care recommendations, vital for long-term implant success!

Learning Objectives:

- Detect: Put into practice assessment and monitor protocols for all forms of implant-borne restorations/prosthesis patients.
- Diagnose: Understand the major risk factors for peri-implantitis for early intervention based on American Academy of Periodontology (AAP) peri-implant soft and hard deficiencies classification.
- Treatment: Be able to perform in-office professional implant maintenance, disease treatment, and identify home-care strategies for more predictable outcomes - peri-implantitis prevention.

Biography:

Susan Wingrove BS, RDH is a Dynamic Innovator, International speaker, researcher, and writer. Dental hygienist RDH Award of Distinction and Western Society of Periodontology Hygiene Educator of the year recipient. Instrumental co-designer of the Wingrove Titanium Implant Scalers, ACE probes, and Queen of Hearts instruments for PDT. Consultant and contributor to multiple research studies, product developments, and on the Oral-B Global Implant and Western Society of Periodontology Boards. Susan specializes in providing protocols that follow the science for healthy teeth, implants, and disease treatment. Published author; American and International journals on peri-implant therapy, regeneration, advanced instrumentation, customizing patient home-care, and textbook: Peri-Implant Therapy for the Dental Hygienist: 2nd Edition. Resides in Missoula, Montana to enjoy fly fishing, hiking, and snowshoeing. *Sponsored by: Ivoclar, PDT, Oral-B, and Sunstar*



Caitlin Parsons, RDH

"The Aligned Practitioner: Ergonomic Excellence in Dentistry"

Course Description:

This ergonomics-focused course delves into essential body mechanics and workspace wellness tailored for dental professionals. Through hands-on guidance, participants will explore ergonomic tools, posture techniques, and workspace adjustments that prevent chronic pain and discomfort. The course includes practical demonstrations, discussions of the latest ergonomic tools and technology, and insights into maintaining comfort, flexibility, and longevity in clinical roles. Attendees will leave with a toolkit of actionable ergonomic practices that reduce physical strain and enhance well-being

Learning Objectives:

- Identify musculoskeletal disorders prevalent among dental professionals and desk workers
- Review ergonomic tools to improve physical health for dental clinicians and desk workers
- Explore proven yoga practices, exercises, and wellness tips for dental clinicians and desk workers

Biography:

Caitlin Parsons is a Registered Dental Hygienist with over 15 years of experience and a former chronic pain sufferer turned Certified Yoga Therapist and Ergonomic Consultant. With a deep commitment to the well-being of dental professionals, Caitlin specializes in helping teams prevent, reduce, and manage workplace pain, combat stress, and improve overall health. Her approach empowers professionals to thrive both inside and outside the office. Through her speaking engagements, online programs, hands-on team experiences, and podcast, The Aligned Hygienist, Caitlin champions wellness in the dental field to foster better patient care, stronger team dynamics, and long-term practice success. *Sponsored by: Andau Medical, PDT Instruments, Crown Seating*



Tiffany Wuebben, RDH

"Hygiene Mastery: Soaring to Success with the Power of Hygiene"

Course Description:

Dental providers are often unsure how to leverage the hygiene department and grow the business. There's never been a better time to revolutionize this approach! Tiffany Wuebben, RDH shares systematic methods that combat today's dental practice challenges, support patient health, and significantly improve career satisfaction and the financial success of the practice. In this course, we will engage in a collaborative approach to developing the mission/vision and patient care protocols for the hygiene-driven practice. We'll also discuss a method to revolutionize your hygiene schedule with a 100% reappointment rate. Next, we'll explore the steps to increase capacity through patient advocacy, recall, reactivation, reviews and better patient-practice relationships. We will also help you to recognize adjunct procedures that boost patient care and identify empowering practice strategies that transform the hygienist into a true "Hygienepreneur." Finally, we'll highlight the proactive steps that professionals can take to build a thriving "hygiene practice within a practice" and develop the knowledge and skills to build a strong hygiene department leading to better clinical outcomes, greater case acceptance, all while maximizing the practice potential.

Learning Objectives:

- Determine the strategies to build a thriving "hygiene practice within a practice"
- Realize how the hygiene department serves as the "secret sauce" for a successful practice by leveraging skills of effective communication and improving the connection with your patients
- Interpret the impact of knowing your numbers to drive exceptional patient care, building a strong foundation for your practice
- Discover the "super" provider in you and how you can offer a hygiene-mix of services that optimizes better patient outcomes and increases practice revenue

Biography:

Tiffany Wuebben, RDH, is the author of Hygienepreneur: The Dental Hygienist's Guide to Achieving Career Success & Personal Transformation, a comprehensive guide on harnessing the power of the hygiene department in building a thriving practice. She is also the founder and CEO of The Hygienepreneur, a consulting company dedicated to transforming hygiene departments into high-performing, profitable assets through innovative training and dynamic workshops.

Sponsored by: Care Credit



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SPEAKERS



JoAnne Jones, RDH

"WNL: Within Normal Limit or a Dangerous Assumption?"

Course Description:

WITHIN NORMAL LIMITS....a very bold and broad sweeping statement that distinguishes between health and disease and in some cases, an outcome of life vs. death. The complexities of clinical presentation do not always make this an easy task. Through a guided visual journey of inspiring and moving oral/oropharyngeal cancer survivors and those who have lost their lives, learn the subtle life-saving symptoms and screening techniques that will increase our opportunity to save a life! This is a presentation you will never forget.

Learning Objectives:

- To recognize the incidence and five-year survival rates of current oral and oropharyngeal cancer
- To explore the critical components and palpation techniques of today's oral cancer screening exam
- To understand the role adjunctive screening devices play in enhancing our assessment capabilities
- To understand our role in opportunistic screening and earlier discovery of oral and oropharyngeal cancer.

Biography:

Jo-Anne respected thought leader and international, award-winning speaker, Jo-Anne Jones has done over 1,000 presentations worldwide. Jo-Anne brings life, energy, and inspiration to all her presentations, whether they be live or virtual, which has made her a sought-after lecturer in the dental community. Jo Anne is a past honoree of DPR's Top 25 Women in Dentistry and joins the 2025 Dentistry Today CE Leaders for the 15th consecutive year. A 2021 Fellowship Award with the International Academy for Dental Facial Esthetics was presented to Jo-Anne for her contributions to the field of dentistry. Jo-Anne was instrumental in launching the international 'Check Your Mouth' campaign promoting oral self-examination between professional visits. Jo-Anne is a Key Opinion Leader for several leading corporations within the dental community. Her work focuses on urgent issues within the dental field, such as oral and oropharyngeal cancer screening and HPV awareness, highlighting the latest research and practical applications for dental professionals. A frank and open lecture style and a focus on direct knowledge translation have earned Jo-Anne many loyal followers both nationally and internationally. *Sponsored by: LED Dental Inc., and Aquoral*



Nancy Miller, RDH, BA

"POWER OFF BIOFILM!"

Course Description:

Staying current with clinical applications of power instruments has a new level of importance in this era of technology and the Oral Systemic Link research. Understanding how to get the most out of power scalers and air polishers leads to more time efficiency, better treatment results, and better ergonomics for the hygienist.

- While air polishers have been around for 4 decades, their use was generally restricted to supragingival stain removal. Like ultrasonics with micro tips, their use with finer size powder particles has evolved into the next treatment modality for preventative and periodontal therapy. What do you need to know about this latest technological application? How can you incorporate it into your clinical routine? How can they be used around implants? We now have Perio Classifications for Implants and how can we use Power Air Streaming in practice?
- While micro ultrasonics are now considered standard of care in periodontal therapy, what else are you using them for? What technological advances have there been since you were in school or your last CE Course? Is there really a difference between piezoelectric technology and magnetostrictive units? Are there any new inserts on the market? Is there any superior way to adapt ultrasonic instruments to the type of patient in your chair?

Learning Objectives:

Participants will learn:

- Biofilms role in inflammatory disease
- Air polishing subgingivally using glycine perio powders
- Implant maintenance and peri-mucositis treatment following AAP codes
- Contrasts in piezoelectric/magnetostrictive technologies
- Latest information on generators and inserts
- Patient case studies on power instrument protocols
- Ergonomics and Aerosol control hints

Biography:

Nancy Miller owns ultraconcepts specializing in power instrumentation instruction, is a Key Opinion Leader and product evaluator for Hu-Friedy Group since 1995, a clinical advisor for Jameson Group since 1998, and is a panelist on the Cellerant Group for Best of Class Hygiene Awards debuting in 2021. She is a hygiene clinician and life enthusiast in Green Bay, Wisconsin, where she resides and plays nicely with others. *Sponsored by: Hu-Friedy*



Jeanette Lalli, RDH, FADHA

"Build Your Value: The Co-Discovery Process Through Patient Education Resources"

Learning Objectives:

1. Understand the Co-Discovery Process

- Define the co-discovery process in dental hygiene and explain its importance in patient education. Discuss how this process fosters collaborative communication between the dental hygienist, doctor and patient, empowering patients to make informed decisions about their oral health.

2. Explore Patient Education Resources

- Identify a variety of patient education resources available (Spear Education Patient Education Videos) and discuss how they support the co-discovery process.
- Learn how to assess the effectiveness of different educational resources based on patient needs, learning styles, and literacy levels.

3. Develop Patient-Centered Communication Skills

- Practice techniques to engage patients in meaningful conversations about their oral health and treatment options.
- Learn how to use open-ended questions, active listening, and non-verbal cues to create a trusting, respectful environment that encourages patient participation in their care.

4. Integrate Patient Education into Treatment Planning

- Understand how integrating educational tools into treatment planning can improve patient outcomes, compliance, and satisfaction.
- Discuss the role of patient education in promoting preventative care, reducing oral health disparities, and supporting long-term oral health maintenance.

5. Enhance Value as a Healthcare Professional

- Identify ways in which the co-discovery process enhances the dental hygienist's value to the patient, the practice and the overall healthcare team.

- Understand how effectively using patient education resources can increase patient trust, treatment adherence, and overall satisfaction with care resulting in increased office production.

6. Evaluate and Adapt Educational Strategies

- Learn how to evaluate patient responses to education efforts and adapt strategies to improve understanding and compliance.
- Discuss the importance of continuous feedback from patients to refine and improve educational techniques and materials.

By the end of the presentation, participants should feel confident in using the co-discovery process and patient education resources to improve communication, enhance patient care, and strengthen their role as trusted healthcare providers.

Biography:

Jeanette Lalli, RDH, FADHA, CDOCS, Education Advisor.

Jeanette is a licensed dental hygienist, national speaker, and advocate with extensive experience in professional leadership, education, and clinical care. In clinical practice, Jeanette brings over 7 years of experience in dentistry and has pursued advanced education in myofunctional therapy and airway management. A 2018 graduate of Phoenix College, Jeanette has held numerous leadership roles within AzDHA and ADHA, including President and Vice President of the Arizona Dental Hygienists' Association, ADHA District XI Delegate, and Chair of multiple committees focused on communication, events, and membership growth. She is the co-creator of the AzDHA Leadership Development Workshop, which mentors students and emerging professionals across Arizona. In recognition of her impact, she was honored with the 2022 ADHA Future Esther Wilkins Leadership Award and was selected as a 2021 ADHA Ted-Style Talk speaker. She currently serves as an Education Advisor for CDOCS, contributing as one of the few hygienists in a national network of educators with experience managing Spear doctors and their teams to aid in educational goals and office production utilizing Spear Online resources. Her recent contributions include publishing an article on psychological safety in "Spear Digest" and serving as a guest panelist at Spear Education's Practice Growth Forum. Jeanette is also deeply involved in community outreach. She has volunteered extensively at public health events, including the Arizona Mission of Mercy, Oral Cancer Walk, MS Walk, and school-based oral health programs, including being featured on a local news station to educate the public on HPV and oral cancer. Her work reflects a strong commitment to patient education, public health, and professional mentorship. Driven by a deep respect for the dental hygiene profession and desire to effect positive change, Jeanette continues to lead, educate, and advocate at every level of the dental profession. *Sponsored by: Spear Education/CDOCS*

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VENUE



Omni Scottsdale Resort & Spa at Montelucia

4949 East Lincoln Drive Scottsdale, Arizona 85253

Omni Scottsdale Resort & Spa at Montelucia is inspired by the rich heritage of Andalusia in southern Spain. The property is nestled within the natural landscape, offering a place to relax at one of three sparkling resort pools surrounded by towering palm trees. Treat yourself to an award-winning treatment at Joya Spa and salon. Or unwind in one of our charming 293 guest rooms or suites where old-world design meets modern technology. After a day playing golf on a nearby course or hiking Camelback Mountain, dine al fresco with wood-fired tapas at Prado. Sample dishes at Taqueria Centro with views of the surrounding landscapes or listen to live music while sipping sangria in Mbar, all from the comfort of our Arizona resort. You can also take advantage of our 16 on-site event spaces, perfect for a wedding, meeting or formal event.



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REGISTRATION APPLICATION

Attendee Information:

Full Name: _____

Address: _____ Suite#: _____

City: _____ State: _____ Zip: _____

Cell Phone: _____

Email Address: _____

2024 ANNUAL MEETING REGISTRATION FEES

EVENT PRICING:

Before 5/2/2025

By 7/31/2025

After 8/1/2025

Members ☐ \$304 ☐ \$329 ☐ \$379

Non-Members ☐ \$389 ☐ \$414 ☐ \$464

SINGLE DAY PRICING:

Members ☐ \$175

Non-Members ☐ \$225

Students ☐ \$50 per day

Saturday Night • August 16th
7:30-9:00pm

80's BINGO

with Costume Contest & Prizes
(a FUNdraiser) \$50.00

Total Amount Due: _____

Registration fees Include: All General Session lectures, Light Breakfast and Lunch each day, two breaks each day.

Course Registration Cancellations: The fee, less a \$35 per person processing charge, will be refunded if cancellation is made by 7/1/25. Cancellations made between 7/1/2025 - 8/1/2025 will be charged \$100 cancellation fee. No refund will be made for cancellations after 8/1/2025. Please register online at AzDHA.org

Payment Information

Payment by check is preferred; however, credit cards are accepted.

Enclosed is a check for the amount of (or process our payment in the amount of) \$ _____

Full Name: _____ Signature: _____

Credit Card #: _____ Exp. Date: _____ CW#: _____

Billing Address: _____ City: _____ State: _____ Zip: _____

Cardholder's Signature: _____

Complete and mail to: 15436 N Florida Avenue, Suite 102, Tampa, FL 33613 • Register at: www.azdha.org

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