



**Arizona**  
DENTAL HYGIENISTS'  
ASSOCIATION



## Happy National Dental Hygiene Month from AzDHA!

This October, we're shining a spotlight on the incredible dental hygienists who bring dedication, skill, and heart to every patient they care for. From maintaining healthy smiles to empowering patients with oral health education, these unsung heroes are at the forefront of preventive dentistry.

We want to say a huge THANK YOU to every RDH out there who goes above and beyond to keep Arizona smiling bright. Your commitment truly makes a lasting impact!

Join us in celebrating by tagging your favorite dental hygienist on social media and showing them some well-deserved love! ♥

Dear Colleagues,

My name is Davy, and I am honored to serve as the current Vice President of the Arizona Dental Hygienists' Association (AzDHA). Reflecting on my journey, I never imagined I would hold this leadership position; if you had told me years ago that I would be here today, I would have considered it unlikely.

I vividly recall attending our state's annual conference, where I immersed myself in continuing education and observed our then-leadership, who were tirelessly dedicated to the organization—engaging in meetings, addressing questions, and inspiring fellow dental hygienists.

My journey with the AzDHA began when my mentor approached me at a conference and invited me to consider serving as an alternate delegate. Though I was unfamiliar with the responsibilities that role entailed, I embraced the opportunity with enthusiasm. I am grateful for that decision, as it ignited a passion and purpose within me to contribute to an association that I deeply value.

For many years, I felt isolated in general practice, battling burnout. The AzDHA became a crucial outlet for me, allowing me to engage in the profession I cherish. Over the past five years, I have served as a volunteer on our board and within the ADHA House of Delegates, witnessing remarkable changes—both positive and negative—in our profession. We have advocated for significant issues such as license reciprocity, Botox legislation, and overall community advocacy efforts.

However, it is evident that we face unprecedented challenges as an association. Without meaningful changes, we risk the viability of our organization in the next 6-7 years. Currently, our board has three open critical positions that are essential for elevating our profession and supporting dental hygienists across Arizona. We urgently need committee chairs for our Events, Membership, Finance, and Advocacy initiatives. The limited capacity of our current board, comprising four members and our management company, is hampering our potential impact.

I urge each of you to consider how you can contribute to our collective efforts. When I first volunteered, I was uncertain but motivated by the belief that "I CAN" make a difference. If you are willing to step forward, we are here to mentor you and support your growth into a leadership role. This is an invaluable opportunity for personal and professional development, while also serving our vital profession.

Thank you for considering this opportunity to make a lasting impact on the future of dental hygiene in Arizona. If you would like to reach out to see how you can help feel free to email me at [davynevans@gmail.com](mailto:davynevans@gmail.com)

Sincerely,  
Davy



AzDHA Vice President

*Shhhh, don't tell anyone.*



★ COME JOIN US ★  
★ YOU ARE INVITED! ★

**PCC RDH CLASS OF '25 HALLOWEEN**

**CORNHOLE TOURNAMENT!**

\$20 PER PERSON/\$40 PER TEAM , FOR ZELLE CASHAPP  
& VENMO OPTIONS PRE-REGISTRATION ENCOURAGED .  
SAME DAY REGISTRATION WILL BE CASH ONLY! PLEASE  
REGISTER WITH KAYLEE AT 520-329-3066

Cash Prize for 1st place cornhole team	50/50 raffle & Basket raffles	2 Costume contests with 1st place prizes Ages 0-12 Ages: 13-100
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SATURDAY OCTOBER 26TH 2024      REGISTRATION AT 5:45PM  
BAGS FLY AT 6:30PM

**TRIPLE PLAY**

CORNHOLE - 50/50& RAFFLE PRIZES  
COSTUME CONTESTS - KIDS ACTIVIES

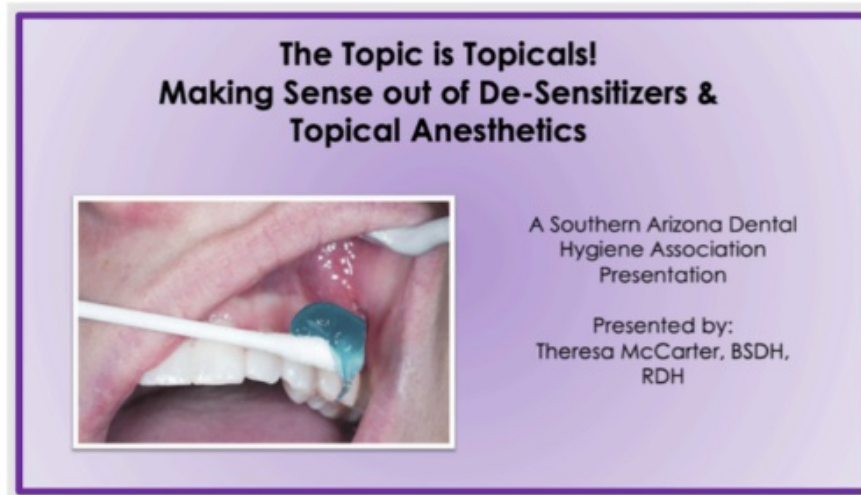
1570 W Duval Mine Rd, Green Valley,az  
85614



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# SAVE THE DATE

SADHA presents Theresa McCarter,  
RDH, BSDH



1 hour virtual CE  
November 13th 2024

Join us for the Southern Arizona Dental Hygiene Association's virtual 1-hour CE event, "The Topic is Topicals! Topical Anesthetics for the Prevention & Management of Pain in Dentistry," on **November 13, 2024, at 7:00 PM (Live Zoom)**.

This session, presented by Theresa McCarter, BSDH, RDH, is **FREE** for ADHA members and only \$15 for non-members.

To register and receive the Zoom link, email [sadha.rdh@gmail.com](mailto:sadha.rdh@gmail.com). Payments can be made via Zelle (same email) or request Venmo details. Be sure to include your ADHA member ID for complimentary registration!

Course Objectives:

- Review the role of topical anesthetics in dental hygiene procedures
  - Understand the use of topicals for prevention of pain, management of pain and their use in therapeutic procedures
  - Learn the different topical products available
  - Review the onset of action and duration of action of topicals
  - Know the different forms of topicals available
  - Understand the chemical groups of topicals
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**2025 ORAL HEALTH DAY  
AT THE CAPITOL**

**THURSDAY, MARCH 20**

*Date is tentative for now*



WELCOME  
New Members,  
Transfers, &  
Renewals

AzDHA

Renee Beckham  
Genevieve Brantly  
Cindy Davidson  
Katherine Martin



## Happy Birthday to All our Members with Birthdays in October

[\(Click here if your birthday should have been listed\)](#)

Linda Bellisario  
Shelley DeMark  
Davy Evans  
Kierin Johnson

Katelyn Jones  
Carolyn  
Schachner-Sotelo  
Brandi Segraves  
Donna Sharman

Wendy Siebert  
Emma Violante  
Danielle Whisler  
Carolyn Wilhelm

Do you have something to share with other AZDHA members,  
contact Michelle Schwantes at [michelle@amgoldman.com](mailto:michelle@amgoldman.com)

Talk to us Today

**813-444-1011**

AzDHA Management Office  
15429 N. Nebraska Ave, Lutz, FL 33549



[+ JOIN OUR EMAIL LIST](#)

[+ FORWARD THIS EMAIL](#)

