



Arizona
DENTAL HYGIENISTS'
ASSOCIATION

LIVE & IN-PERSON
ARIZONA'S DENTAL HYGIENE
EVENT OF THE YEAR!

August 23-25
Tucson, AZ

Thrive Live
Caring for You...
Caring for Our Profession

2024 IMPACT CONFERENCE

Loews Ventana Canyon Resort



2024 Speakers



Tricia Osuna, BSDH, RDH, FAADH
Friday, August 23 - 2 Hours
CHANGE YOUR THOUGHTS AND IMPROVE YOUR OUTCOMES - An Update on Protocols, Products, and Treatment Options



Laurence Ambrose, DDS, MS
Saturday, August 24 - 2 Hours
Teamwork Makes the Dream Work! Engaging The Periodontist for Peak Patient Care



Heather Rogers, RDH, BSDH
Friday, August 23 - 2 Hours
An Infection Control Update for Dental Professional



Carol Jahn, RDH, MS
Saturday, August 24 - 2 Hours
Unlocking Periodontal Excellence: Strategies for Achieving Optimal Outcomes



Lynn Atkinson RDH
Friday, August 23 - 2 Hours
LET'S GET LASER FOCUSED! Diode Lasers in the Hygiene Practice



Ann Eshenaur Spolarich, RDH, PhD, FSCDH
Saturday, August 24 - 3 Hours
Have a Heart: Practical Advice for Caring for Patients with Heart Disease – Part I & Part II
Sunday, August 25 - 3 Hours
What's New in Clinical Pharmacology

...more to come

813-444-1011 • www.azdha.org

WELCOME LETTER

Hello Fellow Hygienists,

It is with great pleasure that we are announcing our 2024 Impact Conference at the beautiful Loews Ventana Resort.

We are looking forward to connecting and learning along side all of you!

We fully believe that caring for ourselves helps us care for others, and will help our profession thrive.

We are so excited to set aside some time for us all to get together and collaborate while taking in some great continuing education content.

AzDHA is here to support all of our colleagues and we look forward to meeting you all in August!



Thank You,
Davy Evans
Vice President

adha[™] | **Arizona**
DENTAL HYGIENISTS'
ASSOCIATION

SPEAKERS & PROGRAM COURSES



Tricia Osuna, BSDH, RDH, FAADH

Friday, August 23 - 2 Hours

CHANGE YOUR THOUGHTS AND IMPROVE YOUR OUTCOMES - An Update on Protocols, Products, and Treatment Options

Course Description:

Updated protocols assist us in determining our patient's specific needs. As we move towards a more collaborative profession, we need to embrace these updates to identify those needs. We are presented with continuous challenges of new advances in products and technology and their use in dentistry and are in need information to determine when and how to add them into our armamentaria. As professionals providing health services, our perception of product use along with protocols needs to be discussed with our team as well as the interdisciplinary referrals we have. The process of care (assessment, diagnosis, treatment planning, implementation, evaluation and documentation) requires a comprehension of protocols, products and treatment options and how they are to be utilized.

Learning Objectives:

This course will provide information for the clinicians to be able to:

- Modify diagnosis assistance with the team and rationale for changes in assessment forms and diagnostic tools
- Distinguish which new-to-market products should be brought into your practice
- Integrate materials and products for a variety of uses in the dental office from infection control, dental hygiene therapy, oral cancer screening, patient communication and instrumentation
- Develop effective communication with patients and assist in the business of the dental practice

Biography:

Tricia Osuna, BSDH, RDH, FAADH is a University of Southern California graduate, Past President of the American Academy of Dental Hygiene and California Dental Hygienists' Association. Tricia is in her 46th year as a dental hygienist, with many of those as a clinician. She shares this with her audiences in a humorous and enlightening presentation experience. Ms. Osuna is a lifelong CDHA / ADHA member and a previous Member of the Dental Board of California. She is a Founding Member of the American Board of Facial Esthetics. In 2021 she was awarded the Western Society of Periodontology Speaker of the Year award. Licensed in both California and New York, her experiences traverse the dental hygiene arena in a unique way spanning a variety of roles including Consultant, Clinician, Educator, International Presenter, Business owner, Author and Mentor. *Sponsors: Ivoclar Curaprox*



Heather Rogers, RDH, BSDH

Friday, August 23 - 2 Hours

An Infection Control Update for Dental Professionals

Course Description:

This two-hour course will discuss the Centers for Disease Control Guidelines for Dentistry and subsequent COVID updates regarding proper infection control standards and recommendations.

Learning Objectives:

- Review the Centers for Disease Control infection control guidelines with the latest COVID updates
- Demonstrate how to avoid cross contamination in your practice
- Concentrate on safe implementation of practices that protect you, personnel, and your patients

Biography:

Heather M. Rogers began her career in dental hygiene in 1999 when she graduated from the College of Southern Nevada. She has worked in prosthodontics, periodontics, and general dentistry. Heather discovered her love for presenting educational courses while achieving her bachelor's degree and being involved with her professional association. She completed her Bachelor of Science in Dental Hygiene in 2010 and is currently providing continuing education for professionals in communications, diabetes, implant maintenance, probiotics, infection control, COPD, marijuana and vaping.



Lynn Atkinson RDH

Friday August 23 - 2 Hours

LET'S GET LASER FOCUSED! Diode Lasers in the Hygiene Practice

Course Description:

The Diode Laser has become the most utilized laser in dentistry today especially in the hygiene department. Diode lasers are soft-tissue lasers that have many advantages over traditional surgical and therapeutic techniques including less pain, faster healing, preciseness, and bacterial reduction. Some of the most used diode laser procedures in the hygiene department are Laser Bacterial Reduction (LBR), Laser Assisted Periodontal Therapy (LAPT), Hemostasis, and the treatment of oral lesions (aphthous ulcers, herpetic lesions, denture sores, etc). This course will introduce common diode laser procedures, techniques used in the hygiene department, and how to incorporate lasers into your practice.

Learning Objectives:

- Identify the laser procedures and benefits most used in the hygiene department
- Understand the laser device, settings, and capabilities
- Describe tips and techniques to achieve the best results with your patients
- Discuss strategies for communicating and educating patients about lasers

Biography:

Lynn Atkinson has been a Registered Dental Hygienist for 32 years. She graduated from Cypress College, California with a degree in Dental Hygiene and was fortunate enough to be a part of several dental teams that incorporated state of the art technology. Since obtaining the Associate Fellowship Certification through the World Clinical Laser Institute (WCLI) in 1996, Lynn has been actively applying the use of dental lasers in hygiene daily. Lynn went on to achieve the Standard Proficiency Certification through the Academy of Laser Dentistry (ALD) in 2013 and the Advanced Proficiency Certification Parts I and II in 2019. Lynn is currently practicing four days a week and is training doctors, hygienists, and team members on the use of lasers along with strategies to incorporate dental lasers into their protocol. Lynn is an active member of the Academy of Laser Dentistry, the American Dental Hygiene Association, the California Dental Hygiene Association, the Orange County Dental Hygiene Association, The Western Society of Periodontology, and is a Hygiene Faculty member, and Speaker for Biolase. Lynn serves on the Board of Directors at the Academy of Laser Dentistry as Auxiliary Chair, a member of the ALD Speakers Bureau, and is involved in the testing committee. *Sponsored by Biolase.*



Laurence Ambrose, DDS, MS

Saturday, August 24 - 2 Hours

Teamwork Makes the Dream Work! Engaging The Periodontist for Peak Patient Care

Course Description:

Feel "in over your head" with certain patients? Are you concerned about progression of periodontal disease despite your best efforts? You're not alone! One of the most frequently asked questions by dental hygienists is, "When should I refer?" This presentation will provide a framework to determine the right time to refer a patient and how you and your dentist can collaborate with a periodontist for optimal patient outcomes.

Learning Objectives:

- Understand current referral patterns between general dentists and periodontists
- List five roadblocks to referring – and ways to overcome them
- Identify "red flag" patients that should be considered for immediate referral

Biography:

Dr. Ambrose is a board-certified periodontist and has been a full-time staff member at the VA Medical Center in Phoenix, Arizona since 1998. He is also Adjunct Clinical Faculty at the Arizona School of Dentistry and Oral Health. He received his certificate in Periodontics from the VA Medical Center in Milwaukee, Wisconsin, and his Master of Science degree through Marquette University. From 1991 to 1995 he was a Commissioned Officer with the United States Public Health Service and practiced general dentistry on numerous Native American Reservations in northern New Mexico. He is a graduate of the University of Illinois at Chicago College of Dentistry and is a Past President of both the Arizona Society and Western Society of Periodontology.

SPEAKERS & PROGRAM COURSES



Carol Jahn, RDH, MS

Saturday, August 24 - 2 Hours

Unlocking Periodontal Excellence: Strategies for Achieving Optimal Outcomes

Course Description:

Effectively managing periodontal patients and achieving optimal outcomes can present significant clinical challenges. Recent research emphasizes the importance of assessing and managing the factors that increase a patient's risk for periodontitis and its progression. This course will review the American Academy of Periodontology (AAP) Staging & Grading process, providing participants with practical guidance on how to effectively assess and classify periodontal disease. Participants will learn how to create persuasive talking points that effectively communicate the importance of periodontal treatment to patients. By the end of this course, participants will have the knowledge and skills to navigate the complexities of periodontal patient care ultimately achieving better treatment acceptance and improved clinical outcomes.

Topics Covered:

- AAP Classification System/Staging & Grading
- Risk assessment: smoking, diabetes, biofilm
- Periodontal debridement/SRP/Maintenance
- Personalized self-care strategies
- Communication & behavior change

Learning Objectives

- Understand the role of staging & grading
- Discover the power of skilled inquiry when taking patient histories
- Utilize the patient history to personalize care
- List the key risk factors for the risk, severity, and progression of

Periodontitis:

- Evaluate the research on periodontal debridement
- Discuss the role of evidence-based standards in clinical care
- Develop key messages and strategies for motivating patients
- Recommended personalized self-care strategies/products

Biography:

Carol Jahn, RDH, MS is a highly respected dental professional and the Director of Professional Relations & Education at Water Pik, Inc. With an extensive background in dental hygiene, Carol is dedicated to advancing oral health education and promoting the benefits of innovative dental technology. Carol's passion for oral health extends beyond her professional role. She is actively involved in various dental organizations and serves as a trusted advisor to dental professionals worldwide. Her expertise in dental hygiene and commitment to continuous learning have made her a sought-after speaker at national and international conferences. As the Director of Professional Relations and Education at Water Pik, Inc., Carol is at the forefront of promoting the benefits of innovative dental technologies. She works closely with dental professionals to educate them on the advantages of incorporating these tools into their practice, ultimately improving patient outcomes and oral health. *Sponsored by: Waterpik*



Ann Eshenaur Spolarich, RDH, PhD, FSCDH

Saturday, August 24 - 3 Hours

Have a Heart: Practical Advice for Caring for Patients with Heart Disease – Part I

Course Description:

Lifestyle choices can prevent and/or reduce risk, but heart disease remains the most common chronic health problem and killer of men and women in the United States. Advances in cardiology have increased length of disease-free survival and improved function and quality of life for patients with cardiovascular disease. Staying current with new treatment interventions used in the management of heart disease is a daunting task. In Part I of this two-part series, common cardiac conditions, including hypertension, coronary artery disease and heart failure will be reviewed. This webinar will provide practical information that clinicians can use to safely treat patients with heart disease in the dental setting.

Learning Objectives:

After attending this course, the participant will be able to:

- Describe the pathophysiology and related signs/symptoms of hypertension, coronary artery disease and congestive heart failure
- Identify factors to assess during the medical history review and information required to support clinical decision-making when planning treatment for patients with hypertension, coronary artery disease and heart failure
- Discuss treatment interventions used to improve cardiac function and reduce cardiac complications, including drugs and devices
- Describe strategies for use in daily practice to manage patients with heart disease safely
- Discuss preventive interventions to promote oral and systemic health in patients with heart disease

Have a Heart: Practical Advice for Caring for Patients with Heart Disease – Part II

Course Description:

Lifestyle choices can prevent and/or reduce risk, but heart disease remains the most common chronic health problem and killer of men and women in the United States. Advances in cardiology have increased length of disease-free survival and improved function and quality of life for patients with cardiovascular disease. In Part II of this two-part series, common cardiac conditions, including cardiac arrhythmias, myocardial infarction and stroke will be reviewed. This webinar will provide practical information that clinicians can use to safely treat patients with heart disease in the dental setting. Completion of Part I in the series is not required to attend this webinar.

Learning Objectives:

After attending this course, the participant will be able to:

- Describe the pathophysiology and related signs/symptoms of cardiac arrhythmias, myocardial infarction and stroke
- Identify factors to assess during the medical history review and information required to support clinical decision-making when planning treatment for patients with cardiac arrhythmias, myocardial infarction and stroke
- Discuss treatment interventions used to improve cardiac function and reduce cardiac complications, including drugs and devices
- Describe strategies for use in daily practice to manage patients with heart disease safely
- Discuss preventive interventions to promote oral and systemic health in patients with heart disease

Ann Eshenaur Spolarich, RDH, PhD, FSCDH

Sunday, August 25 - 3 Hours

What's New in Clinical Pharmacology

Course Description:

All dental professionals encounter patients with complex medical histories who take multiple medications, many of which have oral complications and drug interactions of significance to dentistry. The purpose of this course is to provide clinicians with practical guidance about the information needed to support decision-making with treating medicated, medically complex dental patients safely. Commonly prescribed medications, including their indications/contraindications and relevant systemic and oral side effects will be reviewed. Other topics include changes to the American Heart Association guidelines for antibiotic prophylaxis for the prevention of infective endocarditis, antibiotic stewardship, post-operative pain management and safe prescribing practices.

Learning Objectives:

Upon completion of this continuing education course, the participant will be able to:

- Identify and discuss commonly prescribed medications taken by patients treated in the oral health care setting.
- Discuss changes to antibiotic prophylaxis guidelines according to the 2021 American Heart Association Scientific Statement for the prevention of viridans Streptococcal infective endocarditis.
- Discuss strategies for managing dental pain, including the use of non-opioid pain relievers.
- Discuss how to reduce the unnecessary use of opioids and benzodiazepines to prevent drug misuse and reduce risks for drug diversion and drug overdose.

Topics for Discussion

- Indications, oral side effects, interactions and practice implications of the top 20 most commonly prescribed medications in the United States
- New AHA indications and alterations in drug dosage regimens for antibiotic prophylaxis to prevent infective endocarditis
- Antibiotic stewardship in dental practice: clinical practice guidelines for the appropriate use of antibiotics in dentistry
- Prescribing strategies to manage post-operative dental pain
- Reducing unnecessary use of opioids and benzodiazepines: guidance and recommendations to prevent misuse and reduce risks for overdose and drug diversion

Biography:

Ann Eshenaur Spolarich is an internationally recognized author and speaker on pharmacology and the care of medically complex patients. She has presented over 1,000 invited lectures and has over 125 professional publications. She is Professor, Course Director of Pharmacology, and Assistant Dean for Research at the Arizona School of Dentistry & Oral Health, A.T. Still University (ATSU), where she teaches part-time in the Special Care Clinic. Ann is also a faculty member in the NYU Langone AEGD residency program at ATSU. Ann received the Education Award in 2021 from the Special Care Dentistry Association. *Sponsors: Colgate, Philips*

Venue

Loews Ventana Canyon Resort

7000 North Resort Drive, Tucson, AZ 85750



Pamper yourself with a visit to the spa, which offers massages, body treatments, and facials. After practicing your swing on the golf course, you can enjoy other recreational amenities including outdoor tennis courts and an outdoor pool. Additional amenities at this hotel include complimentary wireless internet access, concierge services, and babysitting (surcharge).

Enjoy American cuisine at Flying V Bar and Grill, one of the hotel's 4 restaurants, or stay in and take advantage of the room service (during limited hours). Relax with your favorite drink at the bar/lounge or the poolside bar. Cooked-to-order breakfasts are available daily from 6:00 AM to 11:00 AM for a fee.

Featured amenities include complimentary wired internet access, a business center, and express check-out. The hotel has a natural spring and on-site hiking trail. Planning an event in Tucson? This hotel has 36,996 square feet of space consisting of conference space and meeting rooms.

Click here for discounted hotel reservations, or go to the link below:

<https://www.loewshotels.com/ventana-canyon/group-azdha-2024>

DISCOUNTED GROUP RATE IS **\$149** & RESORT FEE IS WAIVED

813-444-1011 • www.azdha.org



Arizona
DENTAL HYGIENISTS'
ASSOCIATION

August 23-25
Tucson, AZ

2024 IMPACT CONFERENCE

Registration Application & Pricing

Attendee Information:

Full Name: _____

Address: _____ Suite#: _____

City: _____ State: _____ Zip: _____

Cell Phone: _____

Email Address: _____

2024 ANNUAL MEETING REGISTRATION FEES

EVENT PRICING:

Before 5/4/2024

By 7/31/2024

After 8/1/2024

Members **\$304** **\$329** **\$379**

Non-Members **\$389** **\$414** **\$464**

SINGLE DAY PRICING:

Members **\$175**

Non-Members **\$225**

Students **\$50** per day

Total Amount Due: _____

Registration fees Include: All General Session lectures, Light Breakfast and Lunch each day, two breaks each day.

Course Registration Cancellations: The fee, less a \$35 per person processing charge, will be refunded if cancellation is made by 7/1/24. Cancellations made between 7/1/2024 - 8/1/2024 will be charged \$100 cancellation fee. No refund will be made for cancellations after 8/1/2024. Please register online at AzDHA.org

Payment Information

Payment by check is preferred; however, credit cards are accepted.

Enclosed is a check for the amount of (or process our payment in the amount of) \$ _____

Full Name: _____ Signature: _____

Credit Card #: _____ Exp. Date: _____ CW#: _____

Billing Address: _____ City: _____ State: _____ Zip: _____

Cardholder's Signature: _____

Complete and mail to: 15428 N. Nebraska Ave., Lutz, FL 33549 or fax to 813.422.7966 • Register at: www.azdha.org

813-444-1011 • www.azdha.org