



## FEBRUARY MORNING MEETING



**Date:** Saturday, February 12, 2022 **MORNING SESSION ONLY**

**Place:** Hilton Garden Inn Tucson Airport, 6575 S. Country Club Road, Tucson, AZ.

**Topic:** ***“I Can Breathe Clearly Now”***

**Description:** *This course will include an overview of xylitol’s role in oral health then delve into the multidimensional benefits of using xylitol in the nasal and sinus passages and why use of Xylitol Nasal Spray and Sinus Irrigation products is a revolutionary approach to help us stay healthy during cold, flu, and allergy seasons.*

**Objectives:**

- Understand xylitol’s role in oral health
- Understand how xylitol can improve respiratory health
- Appreciate how this knowledge applies to dental professionals
- Be familiar with evidence-based research on this topic

**Speaker:** **Julie Seager, RDH, BSDH**

**Time:** 8:00 - 8:45 a.m. Registration

8:45 - 9:00 a.m. Announcements/Introduction of Speaker

9:00 – 12:00 p.m. Speaker

**Cost:** ~~\$ 30.00~~ **\$20**---- Member of ADHA, student or Guest of Member\* (cannot be a hygienist)

~~\$ 75.00~~ **\$50**---- Non-member of ADHA

**Menu:** Coffee and water will be available. PCC DHE Class of 2023 will be selling snacks.

**CEUs:** 3 hours, Category 1.

**REGISTRATION DUE BY: Monday, February 7, 2022.**

I will be attending the three hour **MORNING SESSION** of continuing education meeting **"I CAN BREATHE CLEARLY NOW"**, on February 12, 2020.

Member ~~\$30.00~~ **\$20**

Non-Member ~~\$75.00~~ **\$50**

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NAME: \_\_\_\_\_

Address: \_\_\_\_\_ Tucson, AZ \_\_\_\_\_

Phone #: \_\_\_\_\_ Email address: \_\_\_\_\_

Make check payable to: SADHA

Mail check & coupon to: **SADHA**

P. O. Box 475

Cortaro, AZ 85652

**Registration Due: Monday, February 7, 2022**

Payment can also be made through **Zelle**. Use our email address of [sadha.rdh@gmail.com](mailto:sadha.rdh@gmail.com) for proper payment. Cash payment at the door will be accepted, however, we appreciate knowing if you will attend ahead of time so we have enough seats set up.

**A mask might be required by the date of this meeting. Plan ahead just in case.**